

# Defibrillation Instructor Course

The aim of this course is to enable Instructors of both First Aid and Lifeguard qualifications, to deliver the 6-hour defibrillation course for First Aiders, Lifeguards and other appropriately qualified Lay Responders, as defined in the ERC guidelines.

## WHO SHOULD ATTEND?

Anyone who is currently qualified to deliver either, HSE Approved First Aid or Lifeguard courses.

There is also a Two-Day version of the course for those who are not qualified to deliver First Aid or Lifeguard courses. However, you would be expected to be a qualified trainer and hold a current First Aid at Work certificate as a minimum.

## COURSE CONTENT

This course will cover the complete syllabus of the course that you will be equipped to deliver (subject to Assessment), to all operatives of the Automated External Defibrillator (AED) in the workplace.

It is an interactive course and you will be expected to demonstrate your First Aid knowledge and presentational skills.

### The Course content includes:-

- **Initial assessment of your CPR skills**
- **Primary Survey**
- **The Odds of Survival**
- **Responsibilities**
- **Heart Attacks and Angina**
- **Chain of Survival**
- **AED - Maintenance**
- **AED - Operation**
- **AED - Safety**
- **Paediatric defibrillation**
- **Final Assessment**

## DURATION

The One-Day version of the course is eight hours in duration (including breaks).

## QUALIFICATION

A three-year Instructors qualification will be awarded to all successful candidates. This will be renewed by attending a full One-Day course every 3 years.

## RESOURCES

All successful candidates will be presented with a comprehensive training pack and CD-ROM, containing your PowerPoint presentation.

*“I’ve now updated my training Skills and knowledge, with a better understanding of the tutor’s role in First Aid instruction ...”*

Dave Thursfield : Keighley College



HSE Approved Training Organisation No. 29/99

HSENI Approved Training Organisation No. 108